

Best Practices in Opioid Prescribing and Pain Management

Format: Online Course

Available April 15, 2021- April 14, 2024



Description:

An epidemic of opioid misuse, abuse, and overdose is occurring in Minnesota and across the country. In Minnesota, hospitalizations related to opioid use are increasing, there has been a four-fold increase in the number of opioid-related deaths over the past decade, and admissions for treatment of substance use disorders are on the rise. A critical need exists for healthcare professionals to be more aware and educated about best practices and guidelines to effectively manage acute, subacute, and chronic pain and the use of opioids across the pain continuum. The purpose of this continuing education activity is to educate prescribers who manage all phases of pain on the best practices in opioid prescribing and pain management.

The course will include practical tips and tools for providers to use to have more effective conversations with patients regarding pain management. Strategies to effectively manage acute and subacute pain will be reviewed with the goal of alleviating pain and reducing the chronic use of opioids. Best practices in the management of patients on chronic opioid analgesic treatment will be presented. The course includes content on non-pharmacological and implantable device alternatives for the treatment of pain, and a review of the Minnesota Opioid Prescribing Guidelines released in 2018.



Learning Objectives

- Apply current Minnesota Opioid Prescribing Guidelines and best practices across the pain continuum (acute, post-acute, and chronic) to effectively manage pain and reduce opioid use disorder and dependency.
- Implement interviewing techniques to facilitate difficult conversations with patients regarding their pain management.
- Identify, implement and educate patients about alternative approaches to treat pain including multi-modal non-pharmacological and implantable device alternatives.
- Describe and implement a pain-management plan for patients on chronic opioid analgesic therapy.



Key Topics

- Non-pharmacological and implantable device alternatives for the treatment of pain
- Review of best practices in prescribing opioids and controlled substances, including a review of the Minnesota Opioid Prescribing Guidelines

Accreditation

In support of improving patient care, the University of Minnesota, Interprofessional Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation Statements

American Medical Association (AMA)

The University of Minnesota, Interprofessional Continuing Education designates this enduring material for a maximum of 2.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

This enduring material is awarded up to 2.0 ANCC contact hours.

Other Healthcare Professionals

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.



COMPLETING THIS ONLINE ACTIVITY:

1. Register at z.umn.edu/OpioidPrescribing
2. Access the course content
3. Complete all course Modules and Assessments as directed
4. Complete the Evaluation
5. Upon completion, your Certificate will be emailed to you and you can access it in your My CE account.

Note: If you plan to report completion of this course to your licensing Board for consideration toward the State of Minnesota's continuing education requirement on best practices in prescribing opioids and controlled substances (Minnesota Statute § 214.12, subd. 6, you should include verification of your course completion (Statement of Participation) and verification of course content with your submission (this document). University of Minnesota does not submit your completion information to your Board.

Learn more and register at: z.umn.edu/OpioidPrescribing
Questions: cme@umn.edu